

# Recommended Reading List on Depression

## On Depression

- Greene-McCreight, Kathryn. *Darkness is My Only Companion: A Christian Response to Mental Illness*. Grand Rapids: Brazos Press, 2006.
- Hart, Archibald D. *Unmasking Male Depression*. Thomas Nelson, 2001.
- Karp, David A. *Speaking of Sadness: Depression, Disconnection, and the Meanings of Illness*. Oxford University Press, USA, 1997.
- Peperkorn, Todd A. *I Trust When Dark My Road: A Lutheran View of Depression*. St. Louis: LCMS World Relief and Human Care, 2009.
- Rogers, Matt. *Losing God: Clinging to Faith Through Doubt and Depression*. IVP Books, 2008.
- Solomon, Andrew. *The Noonday Demon: An Atlas of Depression*. Scribner, 2002.
- Stryker, William. *Visible Darkness: A Memoir of Madness*. New York: Random House, 1990.

## For the Families of Loved Ones

- Karp, David A. *The Burden of Sympathy: How Families Cope With Mental Illness*. New York: Oxford University Press, USA, 2002.

## On the Theology of the Cross

- Floysvik, Ingvar. *When God Becomes My Enemy: The Theology of the Complaint Psalms*. Concordia College, 1997.
- Forde, Gerhard O., and Martin Luther. *On Being a Theologian of the Cross: Reflections on Luther's Heidelberg Disputation, 1518 (Theology)*. Grand Rapids: Wm. B. Eerdmans Publishing Company, 1997.
- Lewis, C.S. *A Grief Observed*. San Francisco: HarperCollins, 1961, 2001.
- Schulz, Gregory. *The Problem of Suffering: A Father's Thoughts on the Suffering, Dead, and Life of His Children*. Milwaukee: Northwestern Publishing House, 1996.

## On Pastoral Care

- Bonhoeffer, Dietrich. *Spiritual Care*. Augsburg Fortress Publishers, 1985.
- Eyer, Richard C. *Pastoral Care Under the Cross: God in the Midst of Suffering*. Concordia Publishing House, 1995.
- Eyer, Richard C. *They Will See His Face: Worship and Healing*. Concordia Publishing House, 2002.
- Kleinig, John W. *Grace Upon Grace: Spirituality for Today*. Concordia Publishing House, 2008.

### **On Pastoral Burnout**

Hoge, Dean R., and Jacqueline E. Wenger. *Pastors in Transition: Why Clergy Leave Local Church Ministry (Pulpit and Pew Series)*. Grand Rapids: Wm. B. Eerdmans Publishing Company, 2005.

*Preus, Robert D. "Clergy Mental Health and the Doctrine of Justification." Concordia Theological Quarterly 48, no. 2 & 3 (1984): 113-23.*

### **Prayer and Devotional Works**

Bansemmer, Richard. *Forced to Pray: God's Chosen Under Pressure*. New York: American Lutheran Publicity Bureau, 2008.

Bonhoeffer, Dietrich. *Psalms: The Prayer Book of the Bible*. Augsburg Fortress Publishers, 1974.

*Burke, William. Protect Us From All Anxiety: Meditations for the Depressed. Chicago: ACTA Publications, 1998.*

*Deffner, Donald L. Prayers for People Under Pressure. Milwaukee: Northwestern Publishing House, 1992.*

Gerhard, Johann. *Meditations on Divine Mercy: A Classic Treasury of Devotional Prayers*. Concordia Publishing House, 2003.

*Kinnamon, Scot, ed. Treasury of Daily Prayer. St. Louis: Concordia Publishing House, 2008.*

Lewis, C.S. *Reflections on the Psalms* (Harvest Book). Harvest Books, 1964.

Luther, Martin. *Reading the Psalms with Luther*. Concordia Publishing House, 2007.

*Lutheran Book of Prayer. Rev. ed. Saint Louis: Concordia Publishing House, 2005.*

*Lutheran Service Book. St. Louis: Concordia Publishing House, 2006.*

Reardon, Patrick Henry. *Christ in the Psalms*. Conciliar Press, 2000.

Steinmann, Andrew E. *Is God Listening: Making Prayer A Part of Your Life*. Concordia Publishing House, 2004.

Darkmyroad.org

[www.lcms.org/ca/worldrelief](http://www.lcms.org/ca/worldrelief)

Rev. Todd A. Peperkorn  
 The Nativity of St. John the Baptist, 2010  
 Concordia Deaconess Conference  
 Concordia University Chicago, June 23-26, 2010